

Fall 2023 Montreal-Contemplative Mind Spontaneous Brush- workshop

Overview

Beginning with short guided meditations we will continue the exploration of different hand-made Japanese washi papers provided, using sumi, acrylics and watercolours. Join Heather for a full day with breaks of fun and learning. We will include larger format painting in this workshop. Emphasis is furthering our skills, building confidence through practice: process over product through experimentation.

Included

Japanese sumi ink, high quality washis and other papers, some metallic acrylics, gel medium for collage, foil for palettes

Students to bring

- 10 sheets newsprint, white plastic for table and floor covering,
- 4 small covered wash containers, 3 litre sized rinsing containers,
- 2 spray bottles, toothbrush, portfolio
- Brushes- flat for washes, one round medium sized #6, Japanese or Chinese pre-soaked calligraphy type brush
- Water color paints – minimum: 3 primaries professional quality water colour tubes, ex. ultramarine, aureolin yellow, scarlet lake (ex. Holbein, Windsor Newton, avoid student quality). NO black or white
- Water color paints – optional: turquoise or Prussian, pyrrol, sap green
- Fluid acrylic paints – Tri-Art, Golden, primaries plus your choice