

2020
January–April Session

CONTEMPLATIVE APPROACHES TO ARTMAKING

Experience meditation in action with weekly classes by
Heather Midori Yamada

Artist and educator **Heather Midori Yamada** offers an atmosphere of calm abiding as a training ground for deep personal artistic experience. Open to all with curiosity and a desire for expression.

MONTHLY REGISTRATION

SPONTANEOUS BRUSH

START DATE: Wednesday, January 8, 2020

TIME: Wednesdays, 12:00–2:30 p.m.

LOCATION: Victoria, BC (Contact Heather)

THE LANGUAGE OF FLOWERS

Inspired by
the Sogetsu School of Japanese Ikebana

LOCATION: Victoria, BC (Contact Heather)

FRIDAY SESSIONS START: Friday, Jan 10

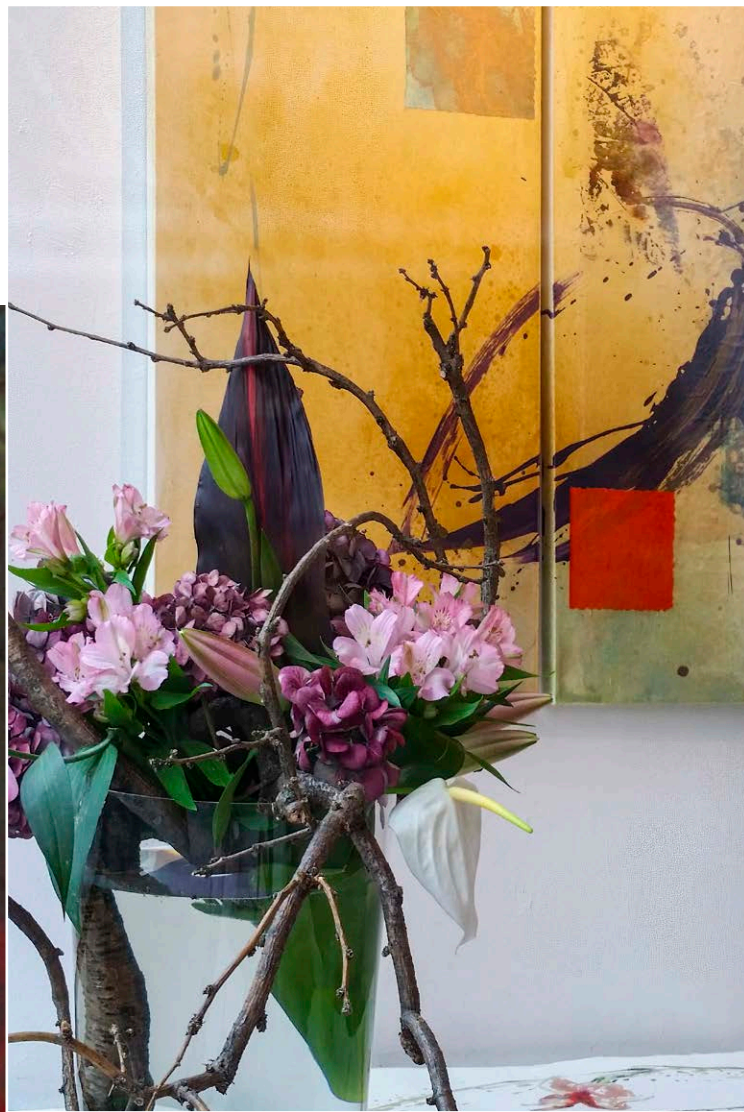
TIME: Fridays, 10:00 a.m. – 12:30 p.m.

WEEKEND SESSIONS START:

Saturday, Jan 18

TIME: Saturday, 1:00–3:30 p.m.

Note: Switches to Sundays starting February 2.



For fees, signup and more information:

Visit Heather Midori Yamada at www.artyamada.com

Email hmidoriy@gmail.com

For updates on any of Heather's workshops, please contact Heather directly by email.