

# HOLLYHOCK



## The Language of Flowers: Contemplation and Realization in Nature

CORTES ISLAND, B.C. | HOLLYHOCK

READY TO BLOOM?  
SEP 28 - OCT 2, 2026



[HOLLYHOCK.CA](https://hollyhock.ca)

Explore the lush gardens,  
forest and shoreline of  
Cortes Island!

### Ikebana & Contemplative Art Retreat with artist Heather Midori Yamada

Join master teacher Heather Midori Yamada to discover the three elements of Ikebana: Sky, Earth, and Human. Retreat to Cortes Island for a multi-sensory art workshop. From forest sketching to washi paper collaging, find your authentic "voice" through the Japanese aesthetic.

#### WHAT YOU WILL LEARN:

- Confidence in choosing, cutting, and arranging flora.
- Mastery of Japanese brush handling and color mixing.
- A peaceful, relaxed mind-body connection.
- Techniques for using ordinary nature as extraordinary art.

#### RETREAT DETAILS:

- All gourmet meals, retreat activities, and core materials are included.
- Specialized brushes will be available for purchase on-site.
- Tuition does not include accommodation.
- We will enjoy forest walks; please bring supportive footwear for rugged trails.

CORTES ISLAND, B.C. | HOLLYHOCK LEADERSHIP & RETREAT CENTRE